

## ***Prep your skin...***

- Book your spray tan for about 48 hours before your special occasion.
- We recommend booking our body polish with your spray tan to ensure even exfoliation. Exfoliate your skin within 12 hours prior to your sunless tanning application to smooth skin for even tanning results. Spend a little extra time on the knees, elbows, feet, and hands.
- Shave at least 6 hours before your sunless tanning session. It is best to wait a few days after waxing prior to sunless tanning.
- Have your manicure or pedicure at least 24hours prior to your tanning.
- On the day of your spray tan have a shower using a soap or body wash that does not contain a lot of moisturizers. Do not apply anything to your skin like moisturizers, body butters or even deodorant or make up. Those things have a tendency to block spray tanning solution from reaching your skin and you can finish with lighter patches. If you need to – carry some wet towelettes and wipe your underarms when you need to. That can also work for make up if you truly, positively have to wear some before you get to the salon.
- Wear dark, loose-fitting clothes. Sunless solution washes out of most clothes, but the immediate cosmetic bronzer could wipe off on lighter clothes, giving a temporary discoloration.
- Please arrive 10 minutes prior to your appointment. Because of the nature of the service, late clients may be asked to reschedule their appointments.

## ***During and After your Spray Tan...***

- When sprayed, you may wear as little or as much as comfortable although we do require you at least wear disposable thongs that will be provided for you. Depending on your sunless tanning application you and your technician decide upon, you will need to wait between 6-12 hours before you shower or wear anything tight (including slippers, sandals, or flip-flops that may scrape). This will allow time for the self-tanning reaction to occur on the skin.
- Do not moisturize until after your first shower. This could affect the immediate reaction of the sunless solution on the skin and cause streaking.
- Do not swim for 24-48hours after your sunless tanning session. Immediate contact with water, chlorine and salt water could affect the immediate reaction of the sunless

solution. Also, keep in mind that chlorine and salt water may dry your skin and cause your sunless tan to fade faster.

- Excessive perspiration could affect the immediate reaction of the sunless solution on the skin.

- Do NOT exfoliate for at least 48 hours after your sunless tanning application. When you do exfoliate, remember to do so gently and evenly to preserve an even sunless tan.

- Do not wear wool, nylon, or silk during or after your sunless application for at least 8 hours as the sunless ingredients could cause staining so bringing cotton with you to change into afterwards is best.

Remember to wear sunscreen. Sunless tanners do not contain a sunscreen. Although you look like you have a tan, you actually can still sunburn.